

Corporate Health Services



Having a highly-trained and experienced Occupational Medicine doctor who intimately understands your business and injury management processes can be of great benefit to your company.

Our best-practice Occupational Health software system assists us in creating and running efficient and effective Occupational Health & Wellness Services for a number of New Zealand businesses.

We pride ourselves on being familiar with workplace environments and applicable company procedure. We are easily contacted and available to provide advice to your team.

Advice and support

Our team is available, through phone calls and emails, to provide advice to employees or management staff. We can cover a range of Occupational Health topics. Often rapid expert advice is all that is required to get management of a complex case on track, or to make sure that a policy meets best-practice guidelines, thereby saving significant time and money down the track.

Policy and Protocol Development

We have experience in multiple industries of creating and implementing occupational health systems. These should be specific to your company and industry, and therefore driven by what is required by legislation, what ensures a fit and safe workforce, and what is of greatest benefit in supporting employee health.

- Hazard identification and management
- Pre-employment medical assessments
- Health surveillance
- Injury management
- Rehabilitation processes
- Wellness programs

Maintenance of Occupational Health records

Maintaining paper-based occupational health records is not only space-consuming, but a risk with regards to maintaining appropriate confidentiality of medical information. There is also significant complexity added to the task of gaining access to medical files. In addition, use of electronic health records allows much greater insight into overall employee health, enabling early identification of health trends and better targeting of wellness campaigns. We are able to provide our client companies a state-of-the-art Occupational Health software system to store all occupational health records, creating a cost effective system that contributes to improved employee health:

- Online pre-employment medicals, health surveillance questionnaires and management referrals
- Sickness absence monitoring
- Full maintenance of all occupational health records and documentation
- Automated recall for health surveillance, immunisations
- Full reporting on occupational health activities and health metrics

Drug and Alcohol Testing Programs

Our team is experienced in designing, implementing, and running best-practice Drug and Alcohol Management Programs. Our Australasian-qualified Medical Review Officers can advise on policy development, educate management on all aspects of the program (including treatment), and organise and review alcohol and drug tests. With the benefit of our expertise, you can be sure that your program will be of the highest standard, and acceptable to all parties.



Management Seminars

We firmly believe that good education of management is a critical aspect of an effective Occupational Health service. We provide seminars customised for each company which are presented by clinicians. Our seminar 'Managing Employees with Mental Health Problems' is presented by an Occupational Physician and a Psychiatrist.



Workplace surveys

Using our Occupational Health software systems, we can manage confidential surveys of the workforce. These can be powerful tools to improve workplace health.

- Workplace Stress Survey – we use a validated tool from the UK for assessing risks of work-related stress across a company
- Lifestyle and wellness surveys – this is particularly useful for identifying appropriate targets for wellness programs, ensuring that these are relevant to your specific workforce
- Tailored surveys can be created

Wellness Programs

We believe the best return for investment in wellness programs comes from using evidence-based, relevant, targeted programs that are followed up to support the appropriate lifestyle changes. Our 'Lifestyle and Cardiovascular Risk assessment' program consists of:

- Online lifestyle questionnaire
- Nurse assessment including fingerprick cholesterol tests
- Calculation of cardiovascular risk and lifestyle advice
- Communication with GP
- Enrolment in the New Zealand Heart Foundation six week heart health course
- Followup electronic questionnaire to support lifestyle changes and get feedback



Hazard assessments and incident investigations

Where there are concerns around a particular hazard, be it physical, chemical, biological, or psychological; we can assess and advise on appropriate management. For any specific occupational health incidents, we are able to quickly assist with assessment and management of the situation.



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Occupational & Environmental Medicine Specialists