

Medical Assessments



Australis Medical provides a complete range of workplace health services, all carefully and efficiently delivered with excellent communication to all parties.

Using the latest in Occupational Health software allows us to process all services rapidly, and your company's occupational health information is confidentially and securely stored, so you don't have to worry about your employee's confidential medical data being vulnerable.

We also pride ourselves on a broad knowledge of a variety of workplaces, and are aware of the various requirements of a wide variety of jobs.

Medical screening

Pre-employment medical screening

Pre-employment screening is important for matching the right person to the right job. Our services range from concise and rapid electronic pre-employment medical questionnaires, through to full medical assessments by a specialized Occupational Medicine doctor.

To be effective and cost efficient, pre-employment medical screens should be specific to the job tasks and environment. We will work with you to choose the appropriate pre-employment medical screen, help set up the systems with your Human Resources department, and then ensure you get the results promptly.

An electronic pre-employment questionnaire alone (without specific need for nurse or doctor physical assessment) is often sufficient for many jobs, and with our specialist Occupational Health software these can be reviewed by a specialized doctor and a result available within hours. The Human Resources department is able to follow progress of pre-employment medical assessments through an online portal.

More complex pre-employment medical screens may include other components, depending on what is appropriate for the tasks, environment and hazards of that job.

We can help you design and implement a best-practice medical screening service:

- Electronic questionnaire
- Occupational Medicine doctor consultation and examination
- Functional Capacity Evaluation
- Mental Health screening
- Vision test
- Hearing test
- Lung Function test
- ECG
- Chest xray
- Sleep disorders screening
- Urine Drug screen and breath alcohol testing

Industry-specific medicals

We provide a number of specific medical assessments:

- Aviation – CAA Pilot medicals
- Rail medicals
- Road – drivers licence medicals for commercial drivers
- Safety critical workers – we also provide pre-employment and periodic medicals for workers in safety critical jobs (e.g. work in confined spaces, work at heights, work in isolation, operating machinery, exposure to electromagnetic radiation)
- Mining medicals (including Australian)

Health Surveillance

Where an employee is exposed to a hazard, the law requires that the health of the employee is monitored. For example, if it is determined that there are high levels of noise in the workplace, then the employee should wear hearing protection and have their hearing periodically monitored.

We are able to assist in reviewing workplace hazards, advising on management of these hazards, and then help create and implement the most efficient and effective health surveillance plan for the employees.



Sleep Disorders Screening

We offer this service in conjunction with Cansleep, which is a Christchurch-based team of Sleep Physicians that provide sleep diagnostics and therapeutics. Screening for sleep disorders may be a component of the pre-employment medical assessment for highly safety-critical jobs such

as long-haul truck driving, operating heavy machinery, etc. It may also be used in the investigation of incidents where fatigue may have been a contributing factor, and is also often used in the assessment of other fatigue-related issues.

Fitness for Work assessments

Fitness for work assessments may be periodic or triggered.

Periodic – It makes good sense for a workplace to periodically re-evaluate the fitness for work of some employees, especially those involved in safety critical tasks and because the national statistics show our workforces are ageing. We can develop and implement an appropriate fitness for work assessment.

Triggered – When there has been an incident or illness that may have affected an employee's physical or psychological health and possibly their fitness for work, a specialized medical assessment may be necessary before the person is considered safe to return to their previous tasks.

Executive Medicals

We can provide Executives with a periodic medical assessment to assist in their management of their health, and education to help them cope with the often difficult demands of a busy work role, which may include a lot of travel. These medicals can be targeted at the specific needs of the company and individual, but may include lifestyle and cardiovascular risk assessment, ECG, and blood tests.



Independent Medical Assessments

Gradual Process Injuries

Our specialists are experienced in assessing diagnosis and causality in ACC Gradual Process injuries, and can provide prompt and clear opinions.

File Reviews

We are able to provide formal written advice and opinions on medical files for ACC or other insurance purposes.

Medical Case Reviews

Our specialists are trained and experienced in providing a thorough and independent overview of complex cases and advising on appropriate further management.



Medical Review Officer services for Alcohol & Drug Testing Programs

Many companies with Alcohol and Drug testing programs, are increasingly seeing the value in having a qualified Medical Review Officer (MRO) evaluation of any positive lab results. Some industries are even required to seek MRO evaluations of results.

This is to ensure the result is accurate and any subsequent recommended action is medically appropriate or justified by the Drug and Alcohol Management Policy. In addition to providing MRO services nationally, we are also able to implement and run best practice Alcohol and Drug Testing policies and programs.



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Occupational & Environmental Medicine Specialists